SOICHI NOGUCHI, MS-1 (BLUE)

Meal	Day 1*	Days 2 & 12	Days 3 & 10
A		Dried Pears (IM)	Dried Apricots (IM)
		Beef Pattie (R)	Japanese Miso Soup (FF)
		Scrambled Eggs (R)	Breakfast Roll (FF)
		Vanilla Breakfast Drink (B)	Orange-Grapefruit Drink (B)
		Orange Juice (B)	Grapefruit Drink (B)
В		Noodles w/ Soup (FF)	Grilled Teriyaki Fish (FF)
		Peanut Butter (T)	Japanese White Rice (FF)
		Tortilla (FF) X2	Crackers (NF) X2
		Fruit Cocktail (T)	Peaches (T)
		Chicken Strips in Salsa (T)	Granola Bar (NF)
		Peach-Apricot Drink (B)	Lemonade (B) X2
С	Seafood Gumbo (T)	Shrimp Cocktail (R)	BBQ Beef Brisket (I)
	BBQ Beef Brisket (I)	Macaroni & Cheese (R)	Spaghetti w/Meat Sauce (R) X2
	Japanese Curry (FF)	Creamed Spinach (R)	Italian Vegetables (R)
	Japanese White Rice (FF)	Red Bean Cake (FF)	Tortilla (FF)
	Peach Ambrosia (R)	Tortilla (FF) X2	Butterscotch Pudding (T)
	Grape Drink (B)	Brownie (NF)	Tea w/Sugar (B)
		Tropical Punch (B)	
		Japanese Green Tea (FF)	
	* Day 1 consists of Meal C only		
	* Day 13 consists of Meal A only		
	- Beverage		
FF	- Fresh Food		

FF- Fresh Food

IM- Intermediate Moisture

NF- Natural Form

R- Rehydratable

T- Thermostabilized

Meal	Days 4, 6, 11 & 13**	Days 5, 7 & 9
A	Dried Pears (IM) Japanese Miso Soup (FF) Bran Chex (R) White Chocolate Strawberries (FF) Orange-Mango Drink (B) Cocoa (B)	Energy bar X3 (FF) Orange Juice (B) Jelly Drink (FF)
В	Beef Stroganoff w/Noodles (R) X2 Noodles w/ Soup (FF) Seafood Chowder (R) Almonds (NF) Tea w/Lemon & Sugar (B) X2	(no meal requested)
С	Teriyaki Chicken (R) Japanese Curry (FF) Japanese White Rice (FF) Tortilla (FF) X2 Tapioca Pudding (T) Pineapple Drink (B) Japanese Green Tea w/Sugar (FF)	Rice w/ Butter (T) Sausage Pattie (R) Seafood Chowder (R) Tortilla (FF) X2 Strawberries (R) Lemonade (B)
** B- FF- IM- NF-	Day 1 consists of Meal C only Day 13 consists of Meal A only Beverage Fresh Food Intermediate Moisture Natural Form Rehydratable	
	Rehydratable Thermostabilized	

Dried Peaches (IM) Mexican Scrambled Eggs (R) White Chocolate Strawberries (FF) Orange-Pineapple Drink (B) Cocoa (B) Cheese Spread (T) Tortilla (FF) X2 Pineapple (T) Cashews (NF) Strawberry Drink (B) X2 (Joint Meal Items) Japanese Curry (FF) Indian Curry w/ Rice (FF) Spinach Rolled Rice (FF) Japanese White Rice (FF) White Chocolate Strawberries (FF) Red Bean Chocolate (FF) Rice Cake (FF) Japanese Sugar Candy (FF)

Japanese Green Tea (FF)

Day 8